



LEISURE CLUB

MEDICAL WAIVER FORM

2025

1. Smoking

Do you smoke?

- Yes
- No

2. Respiratory Disorders

Do you have or have you had any of the following respiratory disorders?

(This includes shortness of breath, asthma, tuberculosis, pneumonia, bronchitis, allergies)

- Yes if yes please explain

.....
 No

3. Heart Conditions

Are you currently taking any medication for any heart condition?

(This includes angina, murmur, high blood pressure, high cholesterol, stroke, uneven heartbeats)

- Yes if yes please explain

.....
 No

4. Other Medical Conditions

Do you have or have you had any of the following?

(Please check all that apply)

- Dizziness
- Fainting
- Diabetes
- Convulsions
- Epilepsy
- Kidney Disease
- Back or Neck Injury
- None of the above

5. Surgeries

Have you had any surgeries in the last 12 months?

- Yes
- No

If yes, please explain:.....

6. Conditions Affecting Physical Activity

Do you have any condition that could put you at risk during physical activity?

- Yes
- No

If yes, please explain:

7. Current Medications

Are you currently taking any medication?

- Yes
- No

If yes, please list them:

Will staff be required to administer this medication in an emergency?

- Yes
- No

If yes, please provide full medical instructions:

8. Medical Observation or Treatment

Are you under any type of medical observation or receiving treatment?

- Yes
- No

If yes, please explain:

9. Additional Information

Is there any other relevant information regarding your condition and ability to participate?

- Yes
- No

If yes, please detail:

Important Notice

If you answered YES to one or more questions:

It is recommended that you consult with your doctor to ensure it is safe for you to engage in physical activities at this time and in your current state of health.

Declaration

I confirm that I am in good physical health based on my medical information and can participate in the activities at no increased risk.

Name: _____

Date: _____

Signature: _____

THANK YOU FOR YOUR INFORMATION
MORE THAN JUST A GYM!

Don't miss out on your
member perks!

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